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In December 1945, two Egyptian fellahin, digging for natural fertilizer in the Nile River valley unearthed a sealed storage jar. The jar proved to hold treasure of an unexpected sort: a collection of some fifty-two ancient

manuscripts, most of which reflect the teachings of a mystical religious movement we call Gnosticism (from the Greek word *gnosis*, "knowledge"). The texts are also, with few exceptions, Christian documents, and thus they provide us with valuable new information about the character of the early church, and about the Gnostic Christians within the church. In this volume, Marvin W. Meyer has produced a new English translation for general readers of four of the most important and revealing of these early Christian texts -- the Secret Book of James, the Gospel of Thomas, the Book of Thomas, and the Secret Book of John. For those who enjoyed the quirkiness of Schott's Miscellany, the erudition of *The Etymologicon* or the extremes of *The Dangerous Book for Boys*, this is the perfect read. From *Flagpole Sitting to Hot Cockles*, Edward Brooke-Hitching has researched through piles of dusty tomes to bring vividly back to life some of the most curious, dangerous and downright bizarre sports and pastimes that mankind has ever devised, before thinking better of it and erasing it from the memory. After all, who would ever want to bring back Fox Tossing, a popular sport for men and women in 17th-century Germany? As the name suggests, it would involve dozens of couples pairing up and standing 20-25 feet apart in an enclosed field, each holding one end of a net, and then they would pull hard at both ends as the fox ran past, sending it flying high into the air. There are many other sports revealed within these pages that are unlikely ever to make an appearance on our TV screens, such as *Firework Boxing*, which is just as dangerous as it sounds. Meanwhile, *Ski Ballet* may not have been so risky, but Suzy 'Chapstick' Chaffee's signature move - the *Suzy Split* (a complete forward split while balanced on the tips of her skis) - was probably not one to try at home. An intriguing, entertaining and occasionally shocking insight into the vivid imaginations of mankind across the years, *Fox Tossing, Octopus Wrestling and Other Forgotten Sports* is an unforgettable read. An entertaining, illustrated adaptation of Ray Dalio's *Principles*, the #1 New York Times bestseller that has sold more than two million copies worldwide. *Principles for Success* distills Ray Dalio's 600-page bestseller, *Principles: Life & Work*, down to an easy-to-read and entertaining format that's accessible to readers of all ages. It contains the key elements of the unconventional principles that helped Dalio become one of the world's most successful people—and that have now been read and shared by millions worldwide—including how to set goals, learn from mistakes, and

collaborate with others to produce exceptional results. Whether you're already a fan of the ideas in Principles or are discovering them for the first time, this illustrated guide will help you achieve success in having the life that you want to have. Take the next step with The Secret Daily Teachings - the much-loved companion guide for living The Secret day by day is now available in a new hardcover format. The Secret contains clear principles on how to live your life in accordance with the natural laws of the Universe, but the important thing for every person is to LIVE IT. Now, with The Secret Daily Teachings, Rhonda Byrne takes you through a year of teachings, sharing wisdom and insights for living in harmony with the laws that govern all human beings, so that you may become the master of your life. Building upon The Secret's powerful truths, your knowledge of the law of attraction is about to expand far beyond what you can imagine. More joy, more abundance, more magnificence - every single day of the year. VIVE EL SECRETO TODOS LOS DÍAS... LAS PÁGINAS DE EL SECRETO ENSEÑANZAS DIARIAS SON ETERNAS -- EMPIEZA CUALQUIER DÍA DEL AÑO El Secreto es un fenómeno internacional que ha inspirado a millones de personas a llevar vidas extraordinarias. Ahora, con El Secreto Enseñanzas Diarias, cada día ofrece una nueva oportunidad para traer armonía y felicidad a todos los aspectos de tu vida. En cada una de sus páginas te muestra cómo acceder al poder que llevas dentro tuyo para atraer salud, riqueza y felicidad. Ya sea como introducción a El Secreto o como una manera de recordar a diario sus principios, El Secreto Enseñanzas Diarias te permitirá atraer cada una de las cosas espléndidas que deseas para tu vida. Nota para el lector: El texto utilizado en esta publicación es una traducción del calendario The Secret Calendar 2008. Para más información sobre El Secreto visita: www.theseecret.tv

"Previously published in 2011 by Sterling Publishing Co., Inc., in a different format."--Title page verso. FROM ZERO TO HERO . . . YOUR SECRET MAP TO A RICH LIFE What is your true calling and why aren't you already living it? Imagine if there was a map that showed you step by step how to get from where you are now to your true calling and the life you were born to live - the most brilliant, rich, fulfilling, and dazzling life you could ever dream of. You are holding in your hands such a map. HERO is the map for your life. By following the journeys of twelve of the most successful people on the planet today, you'll learn how to use your inner powers to overcome obstacles and to make impossible dreams

come true. You'll be inspired to find your own calling and start taking the steps toward making the life of your dreams an everyday reality. Be the hero you are meant to be. ABC's chief medical correspondent helps you ring in the New Year right with a resolution that's actually doable: a year-long plan to improve your emotional and physical health—from giving up alcohol to doing a digital detox, but each for only one month. Dr. Jennifer Ashton is at the top of her field as an ob-gyn and news correspondent. But even at the top there's still room to improve, and with *The Self-Care Solution*, she upends her life one month at a time, using her own experiences to help you improve your health and enhance your life. Dr. Ashton becomes both researcher and subject as she focuses on twelve separate challenges. Beginning with a new area of focus each month, she guides you through the struggles she faces, the benefits she experiences, and the science behind why each month's challenge—giving up alcohol, doing more push-ups, adopting an earlier bedtime, limiting technology—can lead to better health. Month by month, Dr. Ashton tackles a different area of wellness with the hope that the lessons she learns and the improved health she experiences will motivate her (and you) to make each change permanent. Throughout, she offers easy-to-comprehend health information about the particular challenge to help you understand its benefits and to stick with it. Whether it's adding cardio or learning how to meditate, Dr. Ashton makes these daily lifestyle choices and changes feel possible—and shows how beneficial a mindful lifestyle can be. Inspiring, practical, and informative, illustrated with helpful photos and charts, *The Self-Care Solution* teaches you how to recalibrate your life to enjoy a better, healthier year, one month at a time. Featuring guidance from top experts, entertaining case studies, easy-to-follow advice and tips, and Dr. Ashton's observations and insights, this book can help you achieve a better life balance and a more active and healthy lifestyle. #1 New York Times Bestseller and winner of the 2014 Living Now Book Award for Inspirational Memoir. 'An enormously smart, clear-eyed, brave-hearted, and quite a personal look at the benefits of meditation' - Elizabeth Gilbert, author of *Eat, Pray, Love* 'Dan Harris skilfully demystifies meditation, reminding us all that a healthy and happy mind is not only essential for our own sanity, but also for those around us. More importantly, he provides a compelling invitation to move beyond words, from the idea to the experience. A wonderful book and excellent

advice.' - Andy Puddicombe, founder of Headspace 10% Happier is a spiritual book written for - and by - someone who would otherwise never read a spiritual book. It is both a deadly serious and seriously funny look at mindfulness and meditation as the next big public health revolution. Dan Harris always believed the restless, relentless, impossible-to-satisfy voice in his head was one of his greatest assets. How else can you climb the ladder in an ultra-competitive field like TV news except through nonstop hand-wringing and hyper vigilance? For a while, his strategy worked. Harris anchored national broadcasts and he covered wars. Then he hit the brakes, and had a full-blown panic attack live on the air. What happened next was completely unforeseen. Through a bizarre series of events - involving a disgraced evangelical pastor, a mysterious self-help guru and a fateful gift from his wife - Harris stumbled upon something that helped him tame the voice in his head: meditation. At first, he was deeply suspicious. He had long associated meditation with bearded swamis and unwashed hippies. But when confronted with mounting scientific evidence that just a few minutes a day can literally rewire the brain for focus, happiness and reduced reactivity, Harris took a deep dive. He spent years mingling with scientists, executives and marines on the front lines of a quiet revolution that has the potential to reshape society. He became a daily meditator, and even found himself on a ten-day, silent meditation retreat, which was simultaneously the best and worst experience he'd ever had. Harris's life was not transformed into a parade of rainbows and unicorns, but he did gain a passion for daily meditation. While the book itself is a narrative account of Dan's conversion amid the harried and decidedly non-Zen world of the newsroom, it concludes with a section for the novice on how to get started. Have you noticed that sometimes what you need just falls into place? Perhaps you've met the perfect client or life partner merely by being at the right place at the right time. On the other hand, there are some people who find themselves in one terrible relationship after another or who seem unable to shake off their bad luck. These experiences are evidence of a very powerful force. It's called the Law of Attraction, and right now it's attracting people, jobs, situations, and relationships to you. The Law of Attraction can be defined as: I attract to my life whatever it is that I give my attention, energy, and focus to - whether positive or negative. Now, with this book, readers can learn how to use the Law of Attraction deliberately and integrate it into

their daily life. By doing this, they will attract all they need to do, know, and have, so they can get more of what they want and less of what they don't want. With an easy-to-follow 3-step formula plus tips, tools, exercises, and scripts, LAW OF ATTRACTION shows readers how to: attract their ideal mate and ideal relationships; increase wealth and abundance; improve their business with more customers, clients, and referrals; discover their ideal job, true calling, or career - and more! THE SECRET opened the minds of readers to the power of positive thinking. LAW OF ATTRACTION is the book to guide you every step of the way towards getting the life you've always desired. Following the revolutionary success of the blockbuster bestseller The Secret comes an inspirational companion that offers a new way to bring joy and harmony to all aspects of life, every single day. All around the world, The Secret is helping millions achieve the lives of their dreams. Now, with The Secret Daily Teachings, Rhonda Byrne takes readers through the next vital steps in living The Secret. With 365 brand new insights that build on powerful truths, Byrne illuminates facets of the law of attraction that lead to more joy, abundance, and blessings—every single day of the year. This beautifully designed book has removable pages so readers can share their favorite teachings or take their most cherished inspirations with them as they go about the day. The Secret Daily Teachings supports readers in harnessing the hidden, untapped power of the Universe within themselves. Remember, as one of the daily teachings says, “No matter where you are, no matter how difficult things may appear to be, you are always being moved toward magnificence. Always.” NUMEROUS volumes have been written as commentaries upon the secret systems of philosophy existing in the ancient world, but the ageless truths of life, like many of the earth's greatest thinkers, have usually been clothed in shabby garments. The present work is an attempt to supply a tome worthy of those seers and sages whose thoughts are the substance of its pages. To bring about this coalescence of Beauty and Truth has proved most costly, but I believe that the result will produce an effect upon the mind of the reader which will more than justify the expenditure. Millions of people have been enthralled and had their lives changed by James Van Praagh's amazing psychic ability to communicate with the spirits of those who have died. This book combines his own inspiring experiences with meditations to help us reflect on our own journey through life. James Van

Praagh shows that by opening to the world of the inner self, which is available to anyone who will take the time to become aware, it is possible to bring a new consciousness into every aspect of your life, and live a more fulfilled existence. Full of practical advice on meditation and relaxation techniques, James Van Praagh also shows how to clear out the negative and access the energy around you. '(Van Praagh) has changed people's lives' Newsweek "This book is a transcription of the original 1956 Gold Record Recording of: The Strangest Secret"--Title page verso. A boy learns the secret to locating his missing stuffed bunny in this picture book about the extraordinary power of imagination, from the team behind the phenomenally bestselling The Secret. When Henry's beloved stuffed rabbit, Raspberry, goes missing, he enlists his whole family to help him search for the missing toy. But Raspberry can't be found. Then Henry's grandfather suggests that Henry use his imagination to find his rabbit. Will the power of Henry's imagination bring Raspberry back? Or is Raspberry gone for good? Depicting the love of a boy for his toy and the power of friendship, The Power of Henry's Imagination is sure to become an instant classic. From T.D. Jakes, the #1 New York Times bestselling author of Crushing: God Turns Pressure into Power, comes straight talk and strong spiritual guidance for men—and the women who love them... AS A MAN you may often feel the pressure of fulfilling many roles in life: husband, father, son, businessman, member of the church community. Now T. D. Jakes comes to your aid with a guidebook to help you understand your own needs for emotional and spiritual support. He offers practical, sound answers to assist you in expressing your needs and having them met in healthy and wholesome ways by those you love. This is a candid, no-holds-barred look at sexuality, spirituality, and the seldom mentioned but extremely important emotions that shape success in every area of a man's life. Using examples from his own life, as well as from the lives of the thousands of men he has counseled, Jakes gives detailed advice on how to move from struggle to success, from victim to victory. AND LADIES, He-Motions is also for you. Inspirational and refreshingly honest, this is the ultimate source for women seeking to comprehend and care for the men in their lives. It helps you decode men's often baffling behavior and provides eye-opening insights for greater intimacy and healing in your relationships. HE-MOTIONS brings clarity and hope to men and helps them strengthen their relationships with themselves, with the

women in their lives, and with their Lord. It gives women the solutions they seek as they relate to the men they love. It is a book that will bring you closer together...and closer to God. A hundred-thousand years ago one of the biggest differences between humans and the rest of the animal kingdom was that we were better at catching them than they were at catching us. Today things have changed...somewhat. Thinking is easy. Anyone can think. What's important is thinking intelligently. The problem is that a battle for our minds is taking place, and most people don't even notice. We're influenced from the news, social gatherings, what we read, what we are told, and what everyone else is thinking. Salespeople, marketers, and politicians know thousands of ways to push our minds in one direction or another. The result is that society is littered with people who retain beliefs they cannot explain for reasons they do not know. What you think matters. People fight for their beliefs, defend them, and in some cases even die for them. Lesser minds might be content with easy answers and poorly thought out explanations. But if you seek a strong mind, you first must ensure that you are capable of overcoming the elements that influence the way you think. Intellectual Warfare is designed to equip you with the tools necessary to win the battle for your mind. The book spans a host of topics ranging from the human ego, natural biases, cognitive illusions, and an entire section on the weapons of persuasion constantly attacking your thought process. Aimed at anyone seeking to improve their intellect, this book will ensure you are making the most of your mind. Apply the knowledge of *The Secret* to three key areas of your life with this 3-in-1 masterclass guide to attracting fulfilling relationships, the best health and more money from #1 bestselling author Rhonda Byrne. In *THE SECRET TO LOVE, HEALTH AND MONEY*, Rhonda Byrne presents many inspiring examples of real-life cases from people who have used *The Secret* to achieve personal happiness, wellbeing and success. Subjects covered in Part I include the power of positive thoughts and feelings, gratitude in relationships, imagining the perfect partner, and the creative process for attracting new and better relationships. Part 2 features a series of focused and intensive lessons about topics including health and wellbeing, self-healing, overcoming chronic and incurable diseases, weight loss, the subconscious mind and the immune system and the placebo of positive thinking. Throughout the lessons, Rhonda explains in detail how the law of

attraction applies specifically to health, as she offers vital tips and powerful processes such as visualization, affirmations, gratitude, and The Secret's famous creative process—ask, believe and receive. The Secret to Health Masterclass also features real-life stories of people who have used The Secret to overcome health crises such as tuberculosis, multiple sclerosis, epilepsy, cancer, autoimmune disease, chronic pain, depression and anxiety. Part 3 explains how the law of attraction applies specifically to wealth and your relationship with money. By applying the knowledge in The Secret, you can stop money from slipping through your fingers, and eliminate forever the perpetual state of “not having enough money.” You will discover the power you have to bring money to you and to live a life of abundance, where you can be, do or have anything you want. Subjects covered by Rhonda include personal finance, eradicating a poverty mindset and adopting a wealth mindset, job hunting, career advancement, creating a successful business, and giving and sharing wealth. Rhonda also presents many inspirational real-life stories of people who have used The Secret to attract wealth, build a company, pay off debts, acquire a home and secure a high paying job. Using these powerful processes, you will experience first-hand the transformation that can happen across all areas of your life—in your relationships, health, finances, personal goals and dreams, and in your level of joy and happiness. For the person who longs to run their business from home, author Carrie Wilkerson says it is possible. She says to the reader: reclaim your time, determine your income, and change your lifestyle—all while keeping personal priorities intact. Successful at running her own seven-figure business from home—and an active speaker on the subject—the author demonstrates business models with tables and charts in an easy-to-understand format. Chapters include such subjects as finding a target market, marketing strategies, and brand development. Especially important are the common pitfalls listed to avoid in starting a business from home. To succeed as the barefoot executive, “Do what you are qualified to do most immediately for maximum profit,” the author says. “Then, you are free to pursue what you are passionate about.” Drawing from the text of the Business Week bestseller Today Matters, this condensed, revised edition boils down John C. Maxwell's 12 daily practices to their very essence, giving maximum impact in minimal time. Presented in a quick-read format, this version is designed to be read cover to cover

in one sitting or taken in as brief lessons in a few spare minutes each day. It covers such topics as: -- Priorities -- Health -- Family -- Finances -- Values -- Growth Readers will learn how to make decisions on important matters and apply those decisions daily to put them on a path to more successful, productive, and fulfilling lives. We all know that in order to accomplish a certain thing we must concentrate. It is of the utmost value to learn how to concentrate. To make a success of anything you must be able to concentrate your entire thought upon the idea you are working out. Do not become discouraged, if you are unable to hold your thought on the subject very long at first. There are very few that can. It seems a peculiar fact that it is easier to concentrate on something that is not good for us, than on something that is beneficial. This tendency is overcome when we learn to concentrate consciously. If you will just practice a few concentration exercises each day you will find you will soon develop this wonderful power. The creator of "The Secret" takes readers through the next vital steps by offering 365 new insights that build on the work's powerful truths. Readers can learn to attract more joy, abundance, and blessings into their lives--every single day of the year. Since the very first publication of The Secret a decade ago, Rhonda Byrne's bestselling book has brought forth an explosion of real people sharing real stories of how their lives have miraculously changed for the better. How The Secret Changed My Life presents a selection of the most heartwarming and moving stories in one inspirational volume. Each story provides an authentic, real-life illustration of the pathway that leads to success in every area of life: money, health, relationships, love, family and career. The people in How The Secret Changed My Life show time and again that no one is excluded from living the life of their dreams. Do You Want to Know the Secret of Success? Ever Wonder Why Some People are Successful Effortlessly, Everywhere They Go, While Doing Anything They Want? Are you ready to get everything you desire in life almost instantly and effortlessly? It's possible and it's REAL. If you have tried to manifest and use the law of attraction for many times and saw no results, I will tell you exactly what you're doing wrong. In minutes you will be able to harvest the force of the universe. This will FORCE the universe to give you the life of your dreams - money, happiness, success, and more. You won't believe how much happiness will enter into your life. Be prepared to get everything you want. By Implementing These Core Secrets Principles You

Will INSTANTLY Get The Following: Make your greatest dreams become a reality Make more in a month than you used to in a year Live the life that most people only ever fantasize and dream about Get the girl or man you always fantasized about Become the best version of yourself and achieve huge success With the following secrets above. The Secrets I'm about to tell you will literally force the universe to give you all the tools that you need to create financial, emotional and spiritual abundance by using the law of attraction....Without hard work or struggle. Included Inside with the Amazing "Manifestation Formula Manual" proven to get results \$9.99 Value for FREE! Only Valid for TODAY!You can do this too - it's never too early or too late!Take Action and Do it NOW! Learn The Secret to Success! "I looked around upon the world, and saw that it was shadowed by sorrow and scorched by the fierce fires of suffering. And I looked for the cause. I looked around, but could not find it; I looked in books, but could not find it; I looked within, and found there both the cause and the self-made nature of that cause. I looked again, and deeper, and found the remedy. I found one Law, the Law of Love; one Life, the Life of adjustment to that Law; one Truth, the truth of a conquered mind and a quiet and obedient heart." James Allen's inquiry within became The Path of Prosperity, first published in 1901 and still valued today as a guiding light for people to find within themselves the source of success, happiness, and accomplishment. Shares a years-worth of teachings, providing wisdom and insights for living in harmony with the laws that govern all human beings and becoming a master of life. The best-selling author and producer of The Secret offers inspiring quotes and affirmations to encourage personal journaling and reflection on gratitude and abundance, equipping individuals with a powerful tool to transform their lives and experience more joy. 500,000 first printing. \$250,000 ad/promo. The Secret is an international phenomenon that has inspired millions of people to live extraordinary lives. The Secret to Teen Power makes that material accessible and relevant for today's over programmed, stressed-out teens. It explains how the law of attraction can help teens navigate their friendships, relationships, schoolwork, money, and even more global issues like politics and the environment. It all happens through the basic principles outlined in The Secret to Teen Power that will bring happiness and fulfilment for all who embrace it. A Simon & Schuster eBook. Simon & Schuster has a great book for every reader. The tenth-anniversary edition

of the book that changed lives in profound ways, now with a new foreword and afterword. In 2006, a groundbreaking feature-length film revealed the great mystery of the universe—*The Secret*—and, later that year, Rhonda Byrne followed with a book that became a worldwide bestseller. Fragments of a Great Secret have been found in the oral traditions, in literature, in religions and philosophies throughout the centuries. For the first time, all the pieces of *The Secret* come together in an incredible revelation that will be life-transforming for all who experience it. In this book, you'll learn how to use *The Secret* in every aspect of your life—money, health, relationships, happiness, and in every interaction you have in the world. You'll begin to understand the hidden, untapped power that's within you, and this revelation can bring joy to every aspect of your life. *The Secret* contains wisdom from modern-day teachers—men and women who have used it to achieve health, wealth, and happiness. By applying the knowledge of *The Secret*, they bring to light compelling stories of eradicating disease, acquiring massive wealth, overcoming obstacles, and achieving what many would regard as impossible. **THE MILLION-COPY GLOBAL BESTSELLER - BASED ON THE LIFE-CHANGING TED TALK! WHAT READERS ARE SAYING ABOUT START WITH WHY:** 'It's amazing how a book can change the course of your life, and this book did that' Reader Review 'Imagine the Ted Talk expanded to 2 hours long, with more depth, intrigue and examples' Reader Review 'What he does brilliantly is demonstrate his own why - to inspire others - throughout' Reader Review 'Wow. Wow. Wow. I cannot rate this book highly enough to take a different, positive approach to life and work' Reader Review Discover your purpose with one simple question: why? Why are some people more inventive, pioneering and successful than others? And why are they able to repeat their success again and again? Because it doesn't matter what you do, it matters WHY you do it. Those who have had the greatest influence in the world all think, act, and communicate in the same way - and it's the opposite to most. In *Start with Why*, Simon Sinek uncovers the fundamental secret of their success - understanding their WHY - to help you find your own. How you lead, inspire, live, it all starts with why. ***** 'This book is so impactful, I consider it required reading' Tony Robbins, bestselling author of *Awaken The Giant Within* 'One of the most useful and powerful books I have read in years' William Ury, co-author of *Getting to Yes* A surprisingly simple

way for students to master any subject--based on one of the world's most popular online courses and the bestselling book *A Mind for Numbers* *A Mind for Numbers* and its wildly popular online companion course "Learning How to Learn" have empowered more than two million learners of all ages from around the world to master subjects that they once struggled with. Fans often wish they'd discovered these learning strategies earlier and ask how they can help their kids master these skills as well. Now in this new book for kids and teens, the authors reveal how to make the most of time spent studying. We all have the tools to learn what might not seem to come naturally to us at first--the secret is to understand how the brain works so we can unlock its power. This book explains: Why sometimes letting your mind wander is an important part of the learning process How to avoid "rut think" in order to think outside the box Why having a poor memory can be a good thing The value of metaphors in developing understanding A simple, yet powerful, way to stop procrastinating Filled with illustrations, application questions, and exercises, this book makes learning easy and fun. #1 New York Times Bestseller "Significant...The book is both instructive and surprisingly moving." —The New York Times Ray Dalio, one of the world's most successful investors and entrepreneurs, shares the unconventional principles that he's developed, refined, and used over the past forty years to create unique results in both life and business—and which any person or organization can adopt to help achieve their goals. In 1975, Ray Dalio founded an investment firm, Bridgewater Associates, out of his two-bedroom apartment in New York City. Forty years later, Bridgewater has made more money for its clients than any other hedge fund in history and grown into the fifth most important private company in the United States, according to *Fortune* magazine. Dalio himself has been named to *Time* magazine's list of the 100 most influential people in the world. Along the way, Dalio discovered a set of unique principles that have led to Bridgewater's exceptionally effective culture, which he describes as "an idea meritocracy that strives to achieve meaningful work and meaningful relationships through radical transparency." It is these principles, and not anything special about Dalio—who grew up an ordinary kid in a middle-class Long Island neighborhood—that he believes are the reason behind his success. In *Principles*, Dalio shares what he's learned over the course of his remarkable career. He argues that life, management, economics,

and investing can all be systemized into rules and understood like machines. The book's hundreds of practical lessons, which are built around his cornerstones of "radical truth" and "radical transparency," include Dalio laying out the most effective ways for individuals and organizations to make decisions, approach challenges, and build strong teams. He also describes the innovative tools the firm uses to bring an idea meritocracy to life, such as creating "baseball cards" for all employees that distill their strengths and weaknesses, and employing computerized decision-making systems to make believability-weighted decisions. While the book brims with novel ideas for organizations and institutions, Principles also offers a clear, straightforward approach to decision-making that Dalio believes anyone can apply, no matter what they're seeking to achieve. Here, from a man who has been called both "the Steve Jobs of investing" and "the philosopher king of the financial universe" (CIO magazine), is a rare opportunity to gain proven advice unlike anything you'll find in the conventional business press.

America's NASCAR standout offers a 90-day program to sculpt your body, calm your mind, and achieve your greatest goals Everything Danica Patrick does is Pretty Intense. A top athlete in her field, not to mention a fan favorite and the first woman to rule in her male-dominated sport, Danica approaches every aspect of life with the utmost intensity. Now, she shows you how you can apply her daily principles and transform your life for the better--and have fun while doing it. Danica's 90-day high-intensity workout, protein-rich, paleo-inspired eating plan, and mental-conditioning program will get you leaner, stronger, and healthier than you've ever been before. By mixing full-body training and stretching exercises, her accessible workouts hit the holy trinity of fitness: strength, endurance, and flexibility. Bolstered by a customized eating plan for all-day energy, her program will also help you cultivate a mindset for limitless success. You will learn to aim your sights high, confront challenges and setbacks with confidence, and cross the finish line every time. Whether your goal is a stronger core, better skills in the kitchen, or a promotion at work, Danica's Pretty Intense plan will help you reach your highest potential.

The publication of the King James version of the Bible, translated between 1603 and 1611, coincided with an extraordinary flowering of English literature and is universally acknowledged as the greatest influence on English-language literature in history. Now, world-class literary writers

introduce the book of the King James Bible in a series of beautifully designed, small-format volumes. The introducers' passionate, provocative, and personal engagements with the spirituality and the language of the text make the Bible come alive as a stunning work of literature and remind us of its overwhelming contemporary relevance. Discover how everyday people completely transformed their lives by applying the teachings of *The Secret*. Since the very first publication of *The Secret* a decade ago, Rhonda Byrne's book has brought forth an explosion of real people sharing real stories of how their real lives have changed for the better. *How The Secret Changed My Life* presents a selection of stories in one volume. Each story provides an illustration of the pathway that leads to success in every area of life: money, health, relationships, love, family, and career. "If freedom and joy are what you seek, I couldn't recommend this book more." —Rhonda Byrne, New York Times best-selling author of *The Secret* and *The Greatest Secret*

Happiness Is Free is filled with profound insights and practical tools that will guide you to let go of painful feelings, unwanted thoughts, and negative stories and naturally open up to the happiness and unlimited potential that is within you right now. And it's easier than you think. Simple but powerful questions for self-inquiry and effective techniques will empower you to gently let go of what, just a moment ago, seemed like an unsolvable issue or overwhelming emotion—anything from anger and frustration to fear, anxiety, and stress. You'll learn how to apply easy-to-use practices for letting go—including Holistic Releasing, Triple Welcoming, and others—to find more joy and peace of mind in every area of your life. In each chapter, renowned teachers Lester Levenson and Hale Dwoskin (New York Times best-selling author of *The Sedona Method*) offer life-changing opportunities to break free from self-imposed blocks and rediscover the real, unlimited you—and the ultimate happiness that is your birthright. Their combination of liberating insights, inspiration, and deep releasing explorations make this book a treasured companion for anyone who is seeking to navigate everyday life with greater ease, clarity, and sense of true purpose. "One of my most treasured books that changed my life is Lester's *Keys to the Ultimate Freedom*. It features Lester's words and insights drawn from decades of his teachings, and it is the only book that sits on my bedside table. Unfortunately the book has been out of print for a long time, but Hale Dwoskin has taken all of

Lester's teachings from *Keys to the Ultimate Freedom* and put them in this new book, along with many of the releasing methods from the Sedona Method. You have the best of Lester's teachings and his methods in this one book, and if freedom and joy are what you seek, I couldn't recommend this book more. I used the Sedona Method occasionally over a ten-year period and found enormous benefit from it. Then, when I met my teacher -- who was a student of Lester Levenson's -- four years ago, Lester's releasing methods became a crucial part of my everyday life and my awakening." -- From the forward by Rhonda Byrne, New York Times best-selling author of *The Secret* and *The Greatest Secret* "Happiness is about remembering who you really are, and if you have forgotten, this book is an excellent reminder." —Deepak Chopra, author of *The Seven Spiritual Laws of Success* "If the roots of all suffering are attachments to the external, the roots of true joy are found only within. This book maps the ways to a profound state of peace." —James Redfield, author of *The Celestine Prophecy* "Be set free with the brilliance and insights in this book." —Mark Victor Hansen, co-creator of the #1 New York Times best-selling series *Chicken Soup for the Soul*® "Once in a human while, an individual comes along who has unlocked the secrets of happiness and opens the door for others to follow. Lester Levenson was such a one.... *Happiness Is Free* offers rare and penetrating insight into the freedom we all long for. This book can take you home." —Alan Cohen, author of *The Dragon Doesn't Live Here Anymore* First time available in ebook! *The Secret Daily Teachings*, the much-loved companion guide for living *The Secret* day by day, is now available in a new ebook format. Take the next step with *The Secret Daily Teachings*—the much-loved companion guide for living *The Secret* day by day is now available in a new ebook format. *The Secret* contains clear principles on how to live your life in accordance with the natural laws of the Universe, but the important thing for every person is to LIVE IT. Now, with *The Secret Daily Teachings*, Rhonda Byrne takes you through a year of teachings, sharing wisdom and insights for living in harmony with the laws that govern all human beings, so that you may become the master of your life. Building upon *The Secret's* powerful truths, your knowledge of the law of attraction is about to expand far beyond what you can imagine. More joy, more abundance, more magnificence—every single day of the year. The paperback edition of Joe Vitale's inspiring guide to attracting wealth, health, happiness, and more

Now available in paperback, inspirational author Joe Vitale's *The Key* finally reveals the secret to attracting anything you want from life—money, happiness, professional success, love, or anything else. This book goes beyond Vitale's bestselling book *The Attractor Factor* and the mega-hit movie *The Secret* to reveal a powerful and effective way to get more out of every aspect of your life. If you know you can achieve more, but can't seem to make it happen, *The Key* reveals the psychological and unconscious limitations that are holding you back. You'll learn ten proven ways to stop sabotaging yourself and align your conscious and subconscious minds. This book gives you all the personal insight you need to unlock secret doors within yourself and open new opportunities and possibilities in your life. From Joe Vitale, bestselling author of *The Attractor Factor*, *Zero Limits*, and *Life's Missing Instruction Manual* Gives you the guidance and advice you need to unlock your full potential in life Offers practical help for dealing with problems with your job, finances, and any other aspect of your life If you want to be the best you can be, no matter what you do, this book is *The Key* to unlocking a better, more successful you. Not sure which way to turn? Life is an adventure—full of twists and turns, uncertainty and anxiety. In times when you're unsure of what to do or which way to turn, there is no more accurate or reliable compass than God's Word. In *Turning Points with God*, New York Times bestselling author Dr. David Jeremiah distills the wisdom of the Bible into 365 beautifully crafted devotional readings that will help ground and guide you every day of the coming year. Featuring specially selected Bible verses and quotations from such respected Christian thinkers and writers as C. S. Lewis, Charles H. Spurgeon, A. W. Tozer, J. I. Packer, D. L. Moody, and countless others, this stunning devotional is sure to enhance and enrich your daily walk with God.

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